**Palm Beach Atlantic University**

***Fitness Center Dress Code Policy***

**Mission:**

To provide students, faculty, staff, and community members with the opportunity to reach their personal health and fitness goals in a clean and friendly environment that does not intimidate or discriminate against age, gender, or level of experience.

**Permissible attire in the fitness center:**

The following items of clothing and footwear are permissible in the fitness center during normal operating hours.

1). Any sleeved cotton, dri-fit, or compression t-shirt ***(Sleeves can be rolled up)***

2). Any type of gym shorts that includes basketball or running style shorts

3). Tennis shoes, basketball shoes or turfs

4). Any type of yoga or spandex pants or capris pants that go below the knee

5). Any type of nylon or cotton pants which includes, but is not limited to, sweat pants and warm up pants

**Not Permissible attire in the fitness center:**

1). Any type of shirt, sleeveless or sleeved that exposes the belly or mid-drift area

2). Work Boots, loafers, dress shoes, five-toe shoes

3). Any type of top that is sleeveless

* Sports bras
* Spaghetti strap shirts
* Razor back shirts
* Men’s and women’s tank tops

4). Blue Jeans, jean shorts, cargo shorts

5). Spandex shorts

6). Any type of clothing or attire that exhibits suggestive or abusive language

**\*\*Failure to adhere to dress code policies after warning will result in removal from the fitness center for that day**