



Isaiah 40:31

But they that wait upon the LORD shall renew *their* strength; they shall mount up with wings as eagles; they shall run, and not be weary; *and* they shall walk, and not faint.

Course Number and Title: NUR 4353 Christian Nurses and Alternative Healing Therapies

Credit Hours: 3 Credit Hours

Placement:

Faculty:

Name: Deborah Morgan
Title: Associate Professor of Nursing
Office: OCE 111
Phone: 561-803-2837
E-mail: Deborah_morgan@pba.edu
Office hours:

Course Description:

This course presents concepts and strategies related to alternative healing therapies. The emphasis is on an approach to wellness-which is concerned with the person as a whole-across the lifespan and as defined by the patient. Strategies related to integrating holistic methods of care delivery: emotionally, spiritually, physically, and culturally from an ethical/legal Christian Worldview are presented. This course is a guide to prepare nurses to honor and advocate for patients taking control of their wellbeing.

Textbooks/Learning Materials:

Required: Karen Fontaine. (2014). *Complementary and Alternative Therapies for Nursing Practice*, (4th ed.). New York: Pearson.
ISBN-13: 978-0-13-334650-3

Recommended:

Course Learning Outcomes:

Upon satisfactory completion of this course, the student will be able to:

1. Discuss professional nursing as the provider, designer, manager, and/or coordinator of alternative healing therapies in relation to the supportive needs of the person, and their goals for wellness in the healthcare and home setting.

QSEN: Patient Centered Care

2. Apply the nursing process and current research findings in the practice of nursing for patient centered holistic health promotion, risk reduction, and disease prevention within the healthcare setting and global health community.

QSEN: Evidence Based Practice

3. Analyze professional values (legal and ethical) and the Christian worldview in relation to Alternative Healing therapies.
4. Evaluated professional practice responsibility and accountability standards in the context of Alternative Healing.

QSEN: Quality Improvement

5. Integrate professional nursing responsibility and accountability standards into the Alternative Healing nurse practice role.

QSEN Teamwork and Collaboration

Teaching/Learning Methods:

1. Lecture/discussion
2. Audio-visual presentations
3. Case studies
4. Independent learning

Course Requirements:

1. Be prepared and participate in class discussions.
2. Satisfactorily complete of all written and electronic assignments.

Methods of Evaluation:

EVALUATION ITEM	WORTH/ POINTS
Mid-term essay	25%
Threaded discussion	30%
Class discussion / participation	10%
Group project	10%
Final essay	25%
TOTAL % =	100%/100 points

Grading Scale:

The following grading scale will be used for all School of Nursing courses. Students must achieve a minimum of a C in each nursing course.

A	93-100
A-	90-92
B+	87-89
B	84-86
B-	82-83
C+	79-81
C	75-78
D	65-74
F	64-Below

Attendance:

Attendance is REQUIRED. It is the student's responsibility to contact the professor in the event of absenteeism. See PBAU SON Student Handbook for additional guidelines

Additional Policies:

1. Students are expected to have completed the required readings. In addition, it is expected that students will review, as needed, content from previous courses that has application to the current nursing topics (e.g. anatomy/physiology, pathophysiology, pharmacology, human growth and development, etc.).
2. The following policies are to be followed according to the current edition of the Student Handbook:
 - a. Computer Usage Policy
 - b. Dress Code: Standards of Dress and Personal Appearance
 - c. Academic Standards of Conduct: for the Community Value System and the Five Core Values of the PBA Community as well as descriptions of infractions of the standards and the discipline process.
3. The following policies are to be followed according to the current edition of the PBA School of Nursing Handbook
 - a. Scholarship and Integrity
 - b. Professional Behavior and the Care of others
 - c. Theory, Laboratory, Clinical Attendance and Assignment Submission
 - d. Students with Disability

Course Calendar:

WEEK	Chapters and Topic	Assignments Due
1	Healing Practices: Complimentary and Alternative Therapies for Nurses	
2	Systematized Health Care Healing Practices: <ul style="list-style-type: none">• Chinese• Ayurvedic• Native American	
3	Nutrition and Health	
4	Nutrition and Chronic Diseases	
5	Emotional Wellness	
6	Manual Healing Methods: <ul style="list-style-type: none">• Chiropractic• Massage• Pressure point therapies• Physical and biofield therapy	
7	Mind-Body Techniques: <ul style="list-style-type: none">• Yoga• Meditation• Guided imagery	
8	Music as a Therapeutic Tool	Midterm essay due
9	Pain and CAM	
10	Fall Break	
11	Animal Therapy and Stress Management	
12	Botanical Therapies: Herbs and Nutritional Supplements <ul style="list-style-type: none">• Aromatherpay• Homeopathy• Naturopathy	
13	Environmental Health Bioelectromagnetics	
14	Syndromes and Alternative Healing Support: cancer, immunity, osteoporosis, etc...	
15	Class projects	
16	Class projects	Final essay due
17	Faith and Prayer	

Web Bibliography:

Ayurvedic Herbs-Circle of Health-www.ayurveda-herbs.com

American Herbalist Guide- www.americanherbalistguide.com

American Holistic Nurses Association- www.ahna.org

American Yoga Association- www.americanyogaassociation.org

American Chronic Pain Association- www.theacpa.org

American Massage Therapy Association- www.amtamassage.org

National Association of Nurse Massage Therapist- www.nanmt.org

American Association of Acupuncture and Oriental Medicine- www.aaaom.edu

American Music Therapy Association- www.musictherpay.org

Rainbow Animal Assisted Therapy- www.rainbowaat.org

U. S. Food and Drug Administration- www.fda.gov

NUR 4353 Christian Nurses and Alternative Healing Therapies
Threaded Discussion Rubric

There are a total of six threaded discussions for a cumulative total of 30 points

Each threaded discussion is worth a total of 5 points



You will be given a topic discussion on the day of class

You must post your initial response by midnight Saturday –no postings will be accepted after this time

- Rationale for this is to have a day of rest on Sunday
- Exodus 20: 8-11. *For in 6 days God made Heaven, Earth, and Sea, and everything in them; he rested on the 7th day. Therefore God blessed the Sabbath day; he set it apart as a holy day.*
- You are then required to reply to two of your classmates postings (examples of a reply would be why you support (or do not support) / and -or what you learned from your colleagues postings
- All posting are to be submitted in a Christian manner
- No 'slang' words will be accepted in any postings

Grading rubric

Initial posting submitted timely (before midnight Saturday) - ____ / 1 point

Scholarly writing (one or two paragraphs)- ____ / 1 point

Reference- ____ / 1 point

Replies to colleagues (two replies required) - ____ / 2 points